

Natures Solutions™ Flower Remedies for Dogs



The Emotional well being of your dog

It is easy to see why dogs are called "man's best friend." Dogs are loyal, forgiving and love you unconditionally. Dogs like humans, experience different emotional states in different situations, and because your dog lives in close proximity to you, he/she is particularly sensitive and vulnerable to your emotions. An effective way to help the emotional wellbeing of your dog is the use of Flower Essences.

Nature's Solutions™ Flower Essences for dogs

Each formula is a combination of 4-6 different essences. The formulas are to help deal with some of the more common problems that can arise with dogs.

The Essences can be put in your dog's drinking water, or you can lift the lip and squirt directly onto gum or inner lining of mouth. The dosage is 4-7 drops once daily, except in the case of Emergency Essence and Calming Essence, which are given more frequently as needed. The appropriate formula is usually given for 1-2 weeks and repeated later if needed.

The following is a list of some common conditions to help you choose the appropriate essence. Trust your intuition and knowledge of your dog in choosing the appropriate essence as different needs arise.

Condition	Relevant Formula(s):
Abandoned:	Rejection Essence, Abuse Essence
Abuse:	Abuse Essence
Adjustment to new environment:	Adjustment Essence
Aggression:	Hostility Essence
Apathetic:	Joy for Life Essence
Attention seeking:	Needy Essence
Barking:	Barking Essence, Lonely Essence, Dominating Essence, Calming Essence
Biting - others:	Biting Essence, Hostility Essence
- self:	Sooth Essence
Boisterous:	Boisterous Essence
Boredom:	Lonely Essence
Bossy:	Dominating Essence
Bravery:	Strength Essence
Calming:	Calming Essence
Chewing:	Biting Essence
	<i>(Chewing is normal behaviour; it is up to you to provide bones or a suitable chew-bone. This essence is for when indiscriminate chewing is a problem.)</i>
Cooperation:	Cooperation Essence
Courage:	Strength Essence
Cowering:	Confidence Essence, Strength Essence
Defeated:	Joy for Life Essence
Demanding:	Needy Essence
Destructive behaviour:	Behaviour Essence, Habit Essence, Lonely Essence
Disheartened:	Joy for Life Essence
Disobedient:	Cooperation Essence
Distrust:	Abuse Essence, Trust essence
Distracted:	Focus Essence
Dominating:	Dominating Essence
Emergency:	Emergency Essence
Fearful:	Strength Essence
Focus:	Focus Essence
Greedy:	Greedy Essence
Group situations:	Group Harmony Essence
Habits:	Habit Essence

To order these Flower Essences or for more information please contact us at **QuinnCarlin Distributors Ltd.**,
Phone: 866-MID-WOOF, www.midwoof.com, info@midwoof.com

Inattentive, not listening:	Communication Essence
Intense:	Boisterous Essence
Insecure:	Confidence Essence
Jealous:	Jealousy Essence
Learning:	Communication Essence
Lethargic:	Joy for Life Essence
Lonely:	Lonely Essence
Mothering:	Mothering Essence
Needy:	Needy Essence
Neurotic:	Neurotic Essence, Calming Essence
Pain:	Emergency Essence
Pining:	Pining Essence
Puppy:	Puppy Essence
Receptivity:	Cooperation Essence
Recuperation:	Recuperation Essence
Rejection:	Rejection Essence
Roaming:	Roaming Essence
Sadness:	Joy for Life Essence
Scattered:	Focus Essence
Sensitive:	Protection Essence
Separation:	Separation Essence
Shock:	Emergency Essence
Tolerance:	Group Harmony Essence
Training:	Communication Essence, Focus Essence
Trauma:	Emergency Essence
Travel:	Travel Essence
Trust:	Trust Essence
Wandering:	Roaming Essence
Whining:	Needy Essence
Fleas:	Repel Essence
Eczema, itching, skin:	Sooth Essence
Arthritis:	Flex Essence

To order these Flower Essences or for more information please contact us at **QuinnCarlin Distributors Ltd.**,
Phone: 866-MID-WOOF, www.midwoof.com, info@midwoof.com



The Essences

Abuse Essence

Useful to help heal the effects of past abuse or trauma e.g. physical, emotional abuse The effects can vary from distrust, fearfulness, withdrawal, aggression, so follow this essence[if needed] with the appropriate essence e.g. Trust Essence, Hostility Essence

Adjustment Essence

This essence helps your dog adjust to a new home, new environment. It is useful for any behavioural problems relating to a change in the dog's environment.

Barking Essence

Barking is a normal part of a dog's behaviour; it is a way of communication and expression. Dogs bark for territorial, guarding reasons and can also express happiness by barking. This essence is for when barking is a problem e.g. the barking may be the result of wanting more attention, an expression of frustration, loneliness or boredom.

Behaviour Essence

This essence helps dogs that display destructive behaviour.

Biting Essence

This essence is useful if your dog has a tendency to bite. Some dogs have a tendency to bite when playing, this is not necessarily aggressive behaviour, but can become a problem if it continues. This essence is for when biting is a problem.

Boisterous Essence

For dogs that are highly excitable, intense and overly boisterous.

Calming Essence

Use whenever there is a need to calm your dog, or before any experience that distresses your pet. e.g. before a visit to the vet.

Centring Essence

This essence is helpful for animals that are easily affected by activity around them e. g. animals that are new to or effected by a busy city environment. It helps to keep them calm and centred when there is a lot of activity around them.

Communication Essence

This essence helps your dog to be open and receptive to you and what you are communicating to him/her. It is also useful for when you are specifically teaching, training your dog.

Confidence Essence

For dogs that are shy, timid, insecure, or lacking confidence in themselves.

Cooperation Essence

For disobedient dogs; this essence helps promote cooperation

Dominating Essence

In a pack there is usually a hierarchy, with a pack leader. In a domestic environment, dogs will normally accept you as the leader of the pack, and be quite happy to do so. This essence is for dogs that are not accepting you as the leader, for dogs that are overly dominating with humans or other animals.

Emergency Essence

This essence is for use in any emergency situation: accidents, trauma, and shock. It helps your dog cope with shock, pain etc. and assists recovery from operations, surgery, or major injuries.

Flex Essence

This essence is helpful for dogs that are suffering from arthritic problems, stiffness etc (also for flexibility in attitude)

Focus Essence

This essence is helpful for dogs that are scattered, inattentive, easily distracted. It assists in promoting focus and concentration.

Greedy Essence

This essence is helpful for dogs that are greedy with food. These dogs have usually had to compete for food early in their life, or have suffered from deprivation or lack at some stage of their life, resulting in a fear of missing out.

Group Harmony Essence

This essence helps your dog to live in harmony in a group. It helps build tolerance and acceptance of other animals and people. In a family situation it is useful when introducing a new baby or another pet into the group.

Habit Essence

This essence helps your dog break old habits. Use whenever you want to retrain your dog to a new way.

Hostility Essence

For dogs that are overly aggressive, hostile, and/or angry.

*To order these Flower Essences or for more information please contact us at **QuinnCarlin Distributors Ltd.,**
Phone: 866-MID-WOOF, www.midwoof.com, info@midwoof.com*

Jealousy Essence

For whenever there is jealousy, either of another pet, other people, a new child.

Joy for Life Essence

For dogs that are sad, apathetic, listless, lethargic, and/or dull. For dogs that have lost their joy of life

Lonely Essence

This essence is useful if your dog is left on its own all day, or left by itself for long periods of time without the company of other animals or humans.

Mothering Essence

This essence helps your dog cope with and adjust to having pups. Use if the mother is rejecting, disinterested or not coping with the pups.

Needy Essence

For dogs that are needy, possessive, whiny, whining, clingy. For dogs that are overly demanding of attention.

Neurotic Essence

This essence helps dogs that are highly strung, nervous, and neurotic.

Pining Essence

This essence is used for dogs that are grieving, fretting, pining over the loss or separation from a previous owner, another animal, someone they love.

Protection Essence

This essence is for dogs that are very sensitive, and are easily affected by what is going on in their environment. It helps protect your dog from any negative emotions, occurring in you or others in your dog's immediate environment.

Puppy Essence

This essence is to help your puppy adjust to the separation from its mother, and open to you. It helps to calm your puppy if he/she is distressed.

Recuperation Essence

This essence helps dogs that have suffered from a major physical trauma (e.g. hit by a car, undergone an operation etc) and have to undergo a confined period of recuperation. It helps your dog to accept the difficult circumstances, promoting inner strength, patience, and perseverance. It helps uplift the Spirit, promoting a more positive attitude.

Other essences that can be useful over this period of time are Emergency Essence, Calming Essence, Courage Essence and Habit essence.

Rejection Essence

This essence is helpful for dogs that are suffering from a sense of rejection. It is useful for dogs that have been abandoned or had a number of different owners, for dogs that are feeling rejected after a new baby arrives. Today with the high numbers of family break ups, dogs often end up as a victim of the situation, feeling rejected and forgotten about, simply because everyone is preoccupied.

Repel Essence

This essence helps strengthen your dog's resistance to external parasites. A healthy, happy dog is more resilient and resistant generally. It is helpful for dogs that are effected by fleas, lice etc. and to help prevent infestation.

Roaming Essence

For dogs that roam away from home.

Separation Essence

Use for short periods of separation. e.g. leaving your dog with someone else while you are away on holiday etc.

Sooth Essence

This essence is helpful for dogs suffering with itchy rashes, eczema, or skin irritation. Also helpful for dogs that bite or chew at themselves. These dogs often benefit from changing their diet e.g. substituting chicken for red meat, including brown rice, vegetables, seaweed meal, fish oils in the diet. The essence helps heal some of the emotional factors involved.

Strength Essence

This essence helps to build courage, it is useful for specific fears that your dog may have (e.g. fear of water, thunder) as well as for dogs that are generally fearful, easily spooked. It helps to promote the bravery and courage needed to face fears

Travel Essence

Use for dogs that are distressed by or don't like travelling in the car. Give your dog a dose before the journey and as needed during the journey.

Trust Essence

Useful for dogs that are generally distrusting, it helps open your dog to and trust you. Use Abuse Essence if there has been past abuse or trauma.

© Nature's Solutions Reproduced with kind permission of Jane Young of Nature's Solutions

To order these Flower Essences or for more information please contact us at **QuinnCarlin Distributors Ltd.**,
Phone: 866-MID-WOOF, www.midwoof.com, info@midwoof.com